December 19, 2007

To Whom It May Concern:

I am writing this Letter of Recommendation for Mr. Trip Reynolds. I have had the pleasure of working directly with Mr. Reynolds when he served as the Manager of Human Resources at Fremont Area Medical Center in Fremont, NE. I know that his staff liked him very much, as they found him easy to approach and he took the time to listen to their concerns.

Mr. Reynolds had come to join our management team with a vast amount of human resource experience that he had gained from his many years of working in the field. I appreciated his confidence and I felt comfortable when asking him questions that pertained to all human resource issues. He was very detail oriented which helped him provide data in easy to read and understandable reports.

In addition, I found Mr. Reynolds to be very knowledgeable in the field of employee wellness. I believe that much of Mr. Reynolds' is interest in employee wellness was directly related to his personal passion to keep himself in excellent physical shape. Mr. Reynolds regularly competes against others at a high competitive level in regional and national track events throughout the United States. In my position, I directly oversee the medical center's employee wellness program. Mr. Trip was eager to join our wellness team as he was interested in improving employee health and reducing the medical center's health care costs associated with preventable health diseases.

I am giving my full recommendation for Mr. Reynolds as he would be an asset to any company interested in hiring an individual strong in human resources and/or employee wellness programs.

Sincerely.

Lvnn Lamprecht

Director of Outreach Services Fremont Area Medical Center

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