

February 2, 2021

Charles Barkley
IMG New York 200 5th Avenue
7th Floor
New York, NY 10010

Charles Barkley
One CNN Center
Atlanta, GA 30303

Charles Barkley
TNT Sports
One CNN Center
Atlanta, GA 30303

Hello, Mr. Barkley:

First, I'm tired of "people" making fun of your weight; repeatedly holding you up to public ridicule. Your status as an NBA legend should not be tarnish and assailed. Period.

Second, I possess the knowledge and skill to enable you to strategically lose weight, in full compliance with direction from your physician(s) and within the parameters of your hip replacement surgery. Most importantly, it won't cost you anything. Please re-read the previous sentence.

Third, I'm not seeking any kind of publicity or notoriety; accordingly, I do require the execution of a mutually binding none-disclosure agreement (NDA). *We will be successful, but the glory is all yours!*

Fourth, with the execution of the NDA, and clearance from your physician(s), plus a mutually agreed strategic weight-loss action plan, I believe a weight-loss of at least thirty-five-(35) to seventy-five-(75) pounds, within six-(6) to nine-(9) months is realistic.

Why? Obese black men aged 20 to 30 lose about 20 years, and obese black women lose about five years of life, even after smoking is taken into account. The BMI at ages 30 to 49 predicted mortality between ages 50 to 69, even after BMI at ages 50 to 69 was adjusted for. Obesity in adults was defined as a BMI of greater than or equal to 30 and severe obesity as a BMI of greater than or equal to 40. *Source: <https://www.cdc.gov/nchs/products/databriefs/db360.htm>*

Mr. Barkley, you're fifty-seven-(57) years old, and as a fellow Black man with robust subject matter expertise in health and fitness, I'd really like to see you live as long as possible, and not become *yet another stereotypical Black victim of pre-mature death due to obesity, diabetes, high blood pressure, etc.* Plus, it reflects poorly on me if I don't at least extend an offer to help you to drop the excess weight and become the healthiest you've ever been!

Here's my contact information:

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Web site
Reynos.com
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Vocational Resume:
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Fitness Resume:
<http://www.reynos.com/Resume/Track/awards.htm>

Wellness:
<http://www.reynos.com/bio.htm#Wellness>

So, please give me a call.

Have a great day!

Trip Reynolds
402-418-8424